

## National Girl child on 24.01.2022

National Girl Child Day was celebrated in NIPER SAS Nagar on 24.01.2022. Three Events were organized

1. Poster Making Competition on the theme “Dreams of a girl child in India after 75 years of Independence.
2. Essay writing Competition on the theme “Dreams of a girl child in India after 75 years of Independence.
3. A webinar organized with the following speakers
  - Dr. Savita Singh, Ex-Scientist and Ex. Hindi Officer, NIPER, SAS Nagar
  - Dr. Dipika Bansal, Assistant Prof. Dept. of Pharmacy Practice, NIPER, SAS Nagar
  - Ms. Ruheena Priyadarshini, Director, Grazing dreams Infomedia Private Limited
  - Ms. Uma, Administrative Staff, NIPER, SAS Nagar
  - The organizer Dr. Sushma Singh, Associate Prof. Dept. of Biotechnology welcomed the speakers and the audience. She introduced all the speakers to the audience. She mentioned that the happiness of the Nation lies in the Dignity of its daughters. She also briefed the necessary steps taken by the Govt. in this direction. She further mentioned that we have to take pride in ourselves.
  - It was followed by the Address of Prof. Panda, the Director of the institute. He mentioned that girls are not only 50% of the society but also the backbone of society. He said it is essential to provide better education and independence to girls. He also insisted that in addition to the steps taken by the Government in this direction, what initiatives we are taking on our own are very important. Women are role models in every field, including science and sports. Therefore, if we provide proper education, training, and guidance our daughters can be the next role models. So we should emphasize their education and independent thinking, which are essential for developing a healthy atmosphere. He congratulated the organizer and welcomed the speakers.
  - The first talk was by Dr. Savita Singh. She shared her experience with the girl hostellers during her stay in NIPER. She also mentioned that she has adopted two girls for their studies. She told us we should always be ready to do efforts even a little in this direction. She also told about her dream to start an NGO with the name *Pankh* which has been delayed for some reasons. She told us we should all promise that we shall give wings to the girls so that the girls are also able to fly and put footprints on the map of the world.
  - It was followed by the talk by Dr. Dipika Bansal, Assistant Prof. Dept. of Pharmacy Practice, NIPER, SAS Nagar. She mentioned the positive efforts of the Govt for the

girl child. She also told about reserving the seats for girls in higher education like 20% reservation in IITs, reservation one-third population for girls in their local govt. She told that the change begins with the family because the family is the single most unit of the society. We should change the way we think to embrace and celebrate the daughters. She mentioned that just by having stringent laws to prevent crime the problem is not solved, we need to implement and encourage the reporting of crime against women so that everyone gets scared that if we break the laws we shall be punished. Let us educate our girls as education is one such tool that can help any girl child to develop physically, mentally, socially, emotionally, politically, and economically. She concluded her talk with the quote by Swami Vivekananda “*it is not possible for a world to fly with one wing and there is no chance for the welfare of the world unless the condition of woman is improved*”.

- It was followed by the talk by Ms. Ruheena Priyadarshini, Director, Grazing dreams Infomedia Private Limited. She wished everyone a very happy girl child day. She told India is progressing in 21<sup>st</sup> century but till today sons are given preferences and daughters are still considered liability. We should first think are we really proud of being a woman if yes then we can empower the fraternity called girls fraternity. A girl is always a multi-tasker. *Beti par abhiman karo janam hone par samman karo*. When a girl is born Give her life, Invest in her education, Raise her as equal, and Love her unconditionally. Girls are pillars of the future. If you educate a man you educate a man only but you educate a woman you educate a whole generation. You educate a girl child you will have an Empowering nation a very happy nation. Our houses are changed into homes by our daughters.
- It was followed by the talk by Ms. Uma, Administrative Staff, NIPER, SAS Nagar. She mentioned that Sanatan Dharma gives very high values to the girls and address her as Devi, Durga, Bhoomi but it is very unfortunate that a girl child is still not welcome in many parts of our society. Being a law graduate she mentioned about the laws to protect and give equal opportunity to girl child, right against female feticide, govt banned prenatal sex determination, right to education, 2009, compulsory elementary education, Juvenile justice Act, Domestic violation Act Right against Child marriage, Right against sexual harassment of woman at work place etc. etc. She told she is fortunate mother of a single daughter and her daughter is not a ‘*tension*’ but equal to ‘*ten sons*’. She told it is written in our *Shastras* that *das putras sama kanya* which means upbringing one girl is equal to upbringing of ten sons. We must pay some attention while upbringing girl child. We should develop confidence right from beginning. We should tell her that problems do not paralyze anyone rather make them stronger and powerful. Encourage her to peruse her passion.
- The talks were followed by the session with students and followed by the session with children.

Dr. Sushma concluded the webinar and thanked the Director and the speakers.